New SAC gets in by acclamation

Kathleen Harvey, 22, a journalism student, has been elected by acclamation as president of the 1986-87 Student Administrative Council. This is the first year there have been no elections.

There were 14 students running for SAC this year. For various reasons, such as averages below 60 per cent, and not being enrolled in a full-time program, six were not eligible to run. One person withdrew. The remaining seven were elected by acclamation and will begin working on May 1.

They had planned to run as the sKool-aid party.

In addition to Kathleen, they are:

executive vice president, Christine Trautmann, 21, radio and television broadcasting;

vice president of internal affairs, Carri Emerick, 22, journalism;

vice president of external affairs, Dave Rapelje, 19, law and security;

vice president of athletics, Andre Hebert, 20, law and security;

vice president of finance, Kelly McCallum, 20, journalism, and

social convener, James Dufour, 23, in interior design.

Commenting on the fact that there was no election, Dr. Nora McCardell, executive director of educational and student services, said, "It is because of the new guidelines for elections which were a direct result of the difficulties they had with last year's election."

PAST PROBLEMS

Last year there were three presidential candidates and two for every other position. A voting station at one satellite campus which had closed early had to be re-opened later. This changed the results as they had originally been announced.

Dr. McCardell said the problem was not settled until July 1. This delay gave SAC less time to prepare for the school year.

If there is a problem with the new SAC such as someone not doing their job or someone not returning next year, by-elections will be held for the first time.

John Turner, this year's president, said, "I was disappointed that there was no election because elections are good for the school."

NIAGARA NEWS

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12 pages

NIAGARA COLLEGE of Applied Arts and Technology
WELLAND CAMPUS
LEARNING
RESOURCE CENTRE

Badminton champs win title

Tom Peat and Mark Nelson of Niagara College, have won their second straight national collegiate men's doubles title at the Canadian College Athletic Association badminton championships in Nanaimo, B.C. this March.

The Ontario team under Niagara's Dave Carpenter had its best result ever finishing second to Quebec by only one point in Nanaimo, B.C., in March.

"After the round robin we thought we would win no problem," Tom said. The last game went to a tie-breaker and the more experienced Niagara pair put it away in the first three points. "The Quebec team seemed to fold under the pressure."

Mr. Carpenter said, "Tom and Mark have rewritten the book when it comes to athletic achievements in Niagara."

Tom and Mark have been playing together for about six years. Mr. Carpenter said they played well together since day one.

There is a possibility that both will be back at Niagara next year going for their third national title. They are working towards a place on the Ontario team for the 1987 Canada Winter Games.

Mr. Carpenter said it was all work at the championship and credits a team effort for their success. "Everyone stayed together and pulled for each other," he said.

The scores in the final were 15-11, 1-15, and 17-14. The final team standing was Quebec 39 and Ontario 38.

Mr. Carpenter said if Tom and Mark work hard and put on some more muscle, they could go to international play.

Tom Peat and Mark Nelson, badminton champions with plaques marking their achievement.

Photo by Jack Britt

Student designs carpet receives scholarship

Nadeen Van Tright, second-year Interior Design student, has won a $1,500 scholarship for her traditional design in carpeting judged the best in Ontario March 31.

Nadeen won first prize, and recognition from her peers at the annual Aris L. Alexanian Memorial Design Awards Competition, held in Kitchener.

The competition was open to all Ontario Design Schools and College programs in Interior Design. Each student had to submit three original designs by 5 p.m. March 19, to Alexanian Carpet, Kitchener.

Being judged the best in Ontario is quite exciting, Nadeen said.

"We are all happy for Nadeen," Marylin Walker, second-year design student said. "It's like we all won."

First, second and third prize designs are being shown at Designers' Walk, Bedford Road, Toronto.

Alexanian Carpets now owns the designs that won First, second and third place. Alexanian Carpets can market these designs into carpets.

NADEEN VAN TRIGHT

Nadeen is now working on concepts to enter into the College Arts 1986 competition.

College Arts 1986 is for all Community Colleges in Canada, involving competitions in all the visual arts programs, with first prize being a scholarship for $5,000.

One other student from the college entered in the competition. Cathy Purvis, second-year.

Though Marine Centre closes, still some hope for re-opening

The Marine Emergency Duties (MED) program has been officially closed as of April 1, but the provincial government is still looking for ways to raise the funds to re-open the centre, Jacqueline Robarts, college president, said.

The college made many attempts to keep the program afloat past the March 31 deadline, but a lack of financial assistance from the three levels of government and low enrolment in seven out of the 10 months of operations ended any hopes.

The program facilities will remain at the present site, located in Port Colborne, in the hope that funds will be raised to aid the college in running the centre. Plans to move the MED Centre to Georgian College have been shelved for the moment.

Miss Robarts has maintained contact with Port Colborne mayor Bob Saracino and Erie riding MP Girve Fretz over the issue, but failed in attempts to get a financial aid commitment.

A letter was sent to Gregory Sorbara, Minister of Colleges and Universities and Skills Development, explaining the college's position concerning the MED closure by A. N. Elliott, chairman of the college Board of Governors.

Mr. Elliott gave assurance "that we are prepared to continue to operate the centre if certain conditions are met, i.e., the safety of the ship mock-up for firefighting, adequate pollution control, and sufficient funding to meet the costs of running this operation for 10 months of the year with very small enrolments in seven of those months.

Reach tentative contract

A collective sigh of relief was heard across the province from community college teachers, administration and students alike last Tuesday.

"Everyone is obviously very pleased about the successful contract negotiations, especially since it's the first time a workload formula has been included," Jacqueline Robarts, college president, said.

The teachers' union at the college is also relieved with the settlement, Joan Hastings, union president, said.

"We are very pleased about the tentative settlement. It's quite a relief for us not to have to go into summer without any unkowns."

Representatives of the Ontario Public Service Employees Union (OPSEU) and of the administration have been negotiating on a contract to replace the one which expired Aug. 31. If ratified, the two-year contract will be retroactive to last September and will include a four per cent pay hike for the first year and three per cent for the second year.

Miss Robarts said, "Until we see the details, it will be difficult to estimate how many new teachers will be needed at the college."

"The one department with a definite need is nursing where teachers already have 21 hours instruction per week and must have that time reduced to 18 or less, which will add up to a fair number of new teachers."

Athletic banquet coverage see Page 11

Meet SAC for 1986 - 87

CHRISTINE TRAUTMANN

Student input

The 1986-87 Student Administrative Council is looking for more student input. Members want people to be involved in activities to raise school spirit.

SAC's executive vice president is Christine Trautmann, 21, second-year radio television student. She comes from London, Ont.

Christine is hoping to get open communication between the students and SAC members.

She wants to organize more clubs to make sure people are involved in school activities and plans to provide better advertising and communications.

Christine said she wanted someone to run against her but school spirit must be too low.

"They are lucky they have someone responsible to fill the position," she said.

Christine was a member of the ski club and the photography club this year.

CARRI EMERICK

Raise spirit

Carri Emerick, SAC vice president of internal affairs, is a journalism student who wants to boost school spirit and get more people involved in activities.

Though only 22, Carri has travelled in North Africa and Mexico, and has worked all over Canada in a wide range of jobs, including driving a cab, working on road construction and being a waitress. She said this gives her a greater perspective of things around her. She is also president of the Outward Perspectives club which has given her valuable practice at arranging activities for a group.

Originally from Port Colborne, Carri is very outgoing and loves to play the guitar in her spare time.

Being in charge of in-school activities will give her a good chance to express her creative ability.

KELLY McCALLUM

Profits up

Kelly McCallum, 20, a journalism student, SAC vice president of finance, is a Dennis Morris graduate and also completed one year at Brock University in business management.

"I want to make the year exciting and profitable," Kelly said.

Kelly who lives in St. Catharines, has taken Grade 13 accounting and feels that this will be an asset for her in SAC.

"I want to keep expenses down for student activities," she said.

She enjoys all kinds of sports and was treasurer of the Outward Perspectives club at Niagara College this year.

JAMES DUFOUR

Better bands

James Dufour, 23, an interior design student, elected as social convener, wants to get better bands at Niagara next year.

Jamie wants to get pubs in a variety of places and more mini-pubs on campus.

He is hoping to make bus trips to concerts and sporting events available to students at low prices.

Jamie does not want to concertrate only on the party aspect of his new position. Next year he wants to have a fund-raiser at Christmas with the money going to charity and a prize going to the class that raises the most money.

Get OSAP by May 15

Don't wait till the last moment to get OSAP forms in. Students can help themselves financially next year if all forms are in by May 15.

Many students wait till the last possible minute to fill in their Ontario Student Assistance Program application forms.

An OSAP form takes at least eight weeks to process. Each application is analysed separately before being tapped into a computer, Elain Spark, financial aid officer, said. Some cases are sent to an appeal board for special considerations before being submitted to the computer.

Every factor of a student's financial situation is considered. If the student makes an error on the application, this delays processing. Most errors can be avoided by reading the step-by-step instructions.

Students are expected to liquidate any assets to help themselves through college, Mrs. Spark said.

An OSAP loan is free of interest up to six months after the student finishes school.

The student is responsible for repaying the student loan directly to the bank where the loan was negotiated.

If the student feels justified, an appeal can be made on the OSAP application by notifying the college financial aid office or the Students Awards Branch, Ministry of Colleges and Universities.

DAVE RAPELJE

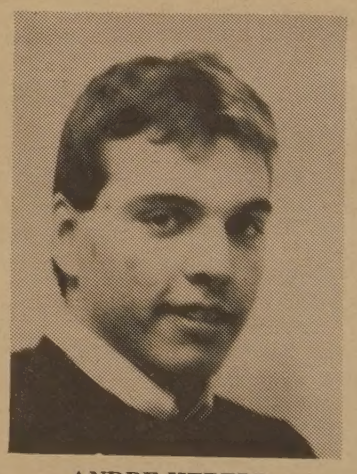
College pride

Dave Rapelje, 19, vice president of external affairs, wants to make the college more noticeable in the community.

Dave wants to get pubs on a rotating basis throughout the community and to bring in people from the community for lunch-time entertainment.

Dave wants SAC to be more approachable than he felt it was this year because SAC is there for the students. Next year he plans to have a noticeable suggestion box for student input.

Dave is a first-year law and security student. He attended Centennial Secondary School in Welland where he was a class representative for two years, social convener for one year, vice president for one year and president for three months.



ANDRE HEBERT

Fan support

Promoting varsity athletics will be one of the main focuses Andre Hebert, 20, takes as next year's vice president of athletics.

Andre is a first year law and security student from North Bay. He was a member of the varsity basketball team and a class representative.

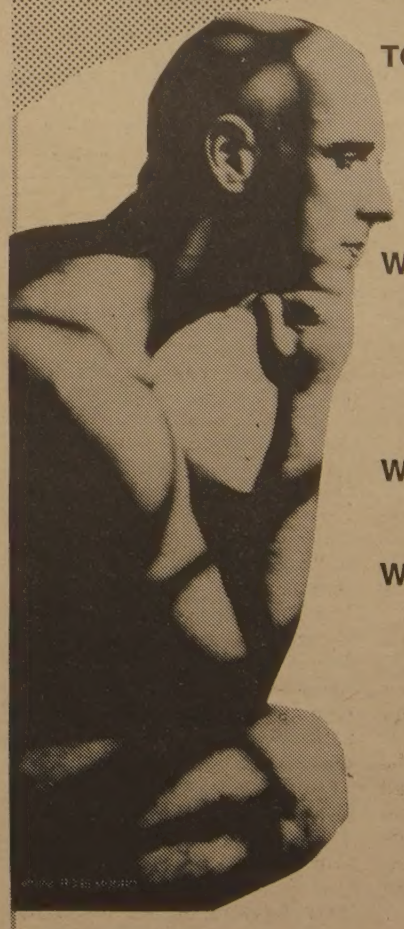
He wants to get more people involved in varsity sports. He wants to get more participation and better attendance.

This year spirit was lacking at games because only a few people attended. He hopes to raise attendance with better advertising.

"The lack of attendance hurt the teams. Without fans, team spirit is down," he said. "We play some of the top teams in Canada."

Andre is hoping to get fan buses to games at other campuses.

COLLEGE ARTS 1986



YOU ARE INVITED

TO WHAT? An exhibit of visual works produced by students from Interior Design, Fine Arts, Theatre Arts, Radio and Television, Journalism and Fashion Arts.

WHY? This exhibit is part of a national visual arts event, College Arts '86 sponsored by the Canadian Studies Bureau of the Association of Canadian Community Colleges.

WHERE? The corridors of Hennepin Hall and The Hennepin Art Gallery.

WHEN? Opening night reception, April 21 at 8:00 p.m.
Exhibit runs daily from April 21-25.

3rd PAGE

Presentation of the ambulance to the Ambulance and Emergency Care program left to right, Grant Cooper, president of the Ambulance club, Frank Adamson, co-ordinator of the Ambulance and Emergency Care program, Wayne Honsberger, chairman of the advisory committee, Jackie Robarts, president of Niagara College, Bill Ford, vice-chairman of the board of governors, and Laurie Bennett, class representative.

Photo by Jack Britt

AEC program unveils revamped ambulance

By STEVE McQUEEN
Staff Writer

The ambulance bought by the Ambulance Emergency Care program was officially presented to the college president, Jacqueline Robarts, on April 1.

Others at the presentation included Wayne Honsberger, chairman of the advisory committee, and Bill Ford, vice-chairman of the Board of Governors of Niagara College.

The 1979 Dodge ambulance was used in St. Catharines until December 1985. It was their first ambulance with air conditioning and has seen a lot of highway. It was one of 25 ambulances bought from the United States by the Ontario Ministry of Health and the Ambulance students bought the vehicle from the Ministry of Health, Mr. Honsberger said.

About $3,200 has been spent on buying, painting, and repairing the ambulance. The interior needs about $600 more in repairs which they can afford. The ambulance is expected to last at least five years, Co-ordinator Frank Adamson said.

JACQUELINE ROBARTS

Almost $4,000 was raised by selling tickets for a Florida Trip, bake sales, a pub, and other fundraising activities. Everybody worked hard towards raising the money for the ambulance. Mr. Adamson expressed appreciation to student liaison officer Hugo Bessems for his work on fundraising activities.

Only about an hour after the presentation, the ambulance students put the ambulance to use in their labs. The three-man lab was to practise two-man cardiopulmonary resuscitation in a moving vehicle allowing the students first-hand experience, student Alan Hunt said.

A personalized licence plate has been ordered and it will read AEC-86. Grant Cooper and a friend did the body work and another friend did the stripes.

Miss Robarts said the college is grateful and proud of the efforts of the ambulance students, she wished them success in their careers.

A plaque will be placed in the ambulance with the names of all the Ambulance Emergency Care students and the Ambulance Club's executives to commemorate their efforts in raising the money.

Hort students renovate

Horticulture students in St. Catharines are patting themselves on the back on a long and trying job well done. They have succeeded in getting renovations and new appliances at the college's expense for their meeting place — Mountain House.

Renovations will take place when the students leave for their summer holidays, George Blazetich, chairman of horticulture and adult basic education, said.

New SAC plans dynamic events

By LORI FLAXY
Staff Writer

The new president of the Student Administrative Council elected by acclamation is Kathleen Harvey.

Kathleen is an enthusiastic 22-year-old journalism student in first year at Niagara College. She has wanted to be president since her first week of school last September. She missed the first orientation session and did not feel much of a welcome to Niagara. She thinks the college needs more advertising of school events from SAC.

The new SAC of 1986-87 plans to have several dynamic events like: better bands, bus trips to concerts, professional sporting events, communication with students, inter-program competitions, film festivals, talent search contests, inter-collegiate pubs, fund raisers for charities, and blood donor clinics.

"It's going to be a great year," Kathleen said.

Kathleen, a former Toronto resident, likes to be involved. Her activities this year saw her as president of the Ski Club, vice president of the Outward Perspectives Club, and a Big Sister.

"I like to have a say in what's happening around me."

IN KATIMAVIK

Kathleen's leadership skills are greatly influenced by her involvement in the Katimavik program two years ago.

KATHLEEN HARVEY

"In Katimavik you experience things that you wouldn't otherwise have a chance to," she said.

In Alberta she worked in research at an agricultural stantion and learned to climb mountains. Her group throughout the one-year program consisted of nine people and one government group leader. In Quebec City she worked in a home for the elderly which gave her good experience in relating to people.

"You come to understand their needs," she said.

Kathleen is disappointed that Katimavik has been cut by the Conservative government. She found the program promoted billingualism, unity between provinces, and health and well-being among numerous other things.

FOR PRESIDENTS

A presidents' convention was held in Kingston, Ont., for incoming and outgoing presidents in Student Administrative Council from Ontario colleges the April 4 weekend. The outgoing presidents explained problems that they encountered in the last year and told the new presidents what to expect in the new SAC year.

Kathleen now feels that she understands the system more clearly with the exchange of ideas.

"The orientation session made me aware of how important it is to keep students informed of SAC and the role it plays in their college life," Kathleen said.

When Kathleen was living in North York, she gained experience in management by running a store.

"I managed a store and realize what's involved in a small business."

Kathleen plans to do a lot of travelling this summer in Europe. In the future, whe would like to become a Canada World Youth leader in a Third World country.

Kathleen enjoys being active in politics and management and believes that being SAC president will be working towards that goal.

Library tech fund-raising success

Five hours and 26 boxes of books after the sale began, Library Technician students raised almost $1,000.

Book lovers from all over the College were attracted to the sale held outside the Resource Centre on March 27. Staff and students jostled for positions at tables over-flowing with a wide variety of books.

CROWDS STEADY

The crowds of people "were pretty steady the whole time," Cathy Mechelse, second-year student, said.

The books were surplus books supplied by Coutts Library Services, Robert Bowman, program co-ordinator, said. The students were to sell the books and return 80 per cent of the money to the company. The remaining money can be used by the program in any way they wish.

The actual total raised by the students was $980. Coutts Library Service will receive $784 and 22 boxes of unsold books. The remaining $196 will be used to buy reference material for the library technician program, Mr. Bowman said.

The college will also benfit from the book sale. Several volumes found their way into the Resource Centre. Sandra Brooks, library technician, made two trips to the sale tables.

Mrs. Brooks said she was able to pick up a good cross-section of books. Subjects include business, applied arts, and technical books, which are very expensive to buy.

At one time the sales were yearly events, Mr. Bowman said. But lack of time, and last year's teacher's strike combined to make arranging the sales difficult.

This year's sale was a success because of the college community's "generous support during the book sale," Mr. Bowman said

International dinner wins praise for student effort, presentation

By SANDRA KISH
Staff Writer

Overall student performance and the puff pastry dessert served at the Niagara College Rainbow Centre banquet won rave reviews from the people who attended it on April 5.

The general reaction to the 19th Annual International Dinner and Dance held at the Canadian Polish Community Cultural Centre in Niagara Falls was quite good. The banquet was not without problems — the avocado soup and coffee-makers were not included in the raves — but they did not seem to ruffle the students or the 203 guests.

Jill Knicely, Hotel Club president and co-ordinator of the banquet, said 50 to 60 students were there working in various positions. Students did everything from planning to cooking.

Seventy-five per cent of the entire Rainbow Centre student body was involved in the banquet in some way, she said. Planning began immediatly after the Christmas break and first, second and third-year students were involved in all aspects of the dinner. Students even made the table centrepieces and designed the tickets, posters and menus.

PRACTICAL EXPERIENCE

The dinner was sponsored by the Hotel Club, which received some money from the Student Administrative Council to help with expenses, Jill said. The point behind the banquet was not to make money, but to give students the chance to get practical experience. Occasionally work opportunities are presented to students as a result of their hard work and performance.

The banquet menu was a collection of entrees from five European countries. The dinner included Greek salad, avocado soup, Swedish style flank steak, roasted potatoes, Spanish corn, Venetian green beans, and Baklava, the highly popular puff pastry served for dessert.

The meal was enjoyed by everyone, but the avocado soup, which is served cold, was not as well recieved. The dessert seemed to make up for it. And the Swiss Yodeler, an international drink that mixed creme de cacao and chocolate milk in its ingredients, was so popular the students' bar ran out of chocolate milk.

Editorials

World falling apart?

If one can believe the media blitz, the world is falling apart at the seams.

In Ottawa, a senator was upset because a youth program he founded had been disbanded. He was so angry he said he would lie down and die rather than stand and fight. He gave it up after 22 days, however.

The two super-powers have acknowledged the dangers of nuclear war. The two leaders claim to want peace, but don't want to lose first-strike capabilities in case of war.

In the Gulf of Sidra, America flexed its military muscles in a confrontation with Libyan forces. Moammar Khadafy was so enraged, he threatened war with the United States and its allies, then killed a cow with "Reagan" painted on its side.

At some point each day, people discuss the latest tragedies in the news. There is little expression of shock or outrage. The news reports are greeted with a "here-we-go-again" attitude.

This state of apathy seems to be part of some form of global madness. Is the world really falling apart? Or is it just that news coverage is getting better? Does anyone really care?

Maureen Martin

Canada has poor, too

World Vision has been a compassionate response to a needy world for 30 years. Funds which were raised help the world's hurting children by providing food, clothing, education and medical care.

These children are victims of drought, political upheaval and war. World Vision provides aid to 80 countries.

What effects will terror, hatred and poverty have on these children?

There is always a need for compassion when it comes to human suffering, especially for innocent children who must endure poverty and hunger.

But one need not look across the globe to see the effects of poverty.

In a country as rich as Canada it is a national disgrace that one in every five children live in paralysing poverty. In 1979, the Year of the Child, 60,000 Toronto children were victims. A couple of years later this figure rose to 119,000 and continues to rise yearly.

What excuses are there for this situation? This is not an underdeveloped country, but rather a country that supposedly has a high standard of living. Canada has not been subjected to the ravages of war such as in Third World countries.

The recent federal government budget increased military spending to $9.5 billion a year. It makes one wonder where human suffering is on the list of government priorities.

Overwhelmingly, these child victims live with single parents and the single parent is generally a woman. Perhaps the right to work for equal pay, affordable housing and full, comprehensive, non-profit, quality child care would help to reduce escalating figures of child poverty.

These children represent a major part of Canada's future generation. What effects will poverty have on them?

This is a democratic society. Come on, Canada, wake up. The children are crying!

Susan Bacon

Niagara News

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The Niagara News is a practical lab for the Journalism-Print program, covering the college community and other areas of interest. Opinions expressed are not necessarily those of the management of the Niagara News or the administration of Niagara College.

Dental accreditation committee

Niagara College's dental assistant and dental hygienist programs were examined for accreditation in March by a team representing the Canadian Dental Association. While preliminary oral reports are favorable, the final decision will not be known until all college programs have been examined. Those concerned with the procedure were, back row, left to right, Jacqueline Robarts, Niagara College president; Sandra Stewart, co-ordinator of the dental hygienist program; Brian Henderson, of the Canadian Dental Association; Bob Baddeley, chairman of allied health and pre-school education; Fred Habermehl, dean of applied arts and health sciences; and Billie Atkinson, co-ordinator of the dental assistant program. Sitting in front, left to right, are Charla LeMay, a dental hygienist with the Quebec community college system; Dr. Ken Bentley, dean of the Faculty of Dentistry at McGill University, and Gaylene Smith, a dental assistant with a community college in Prince Edward Island.

Photo by Monte Sonnenberg

Letters to the Editor

Thanks team

Dear Editor

On behalf of the Athletic Department, I would like to thank SEAN CONDON, WAYNE CREIGHTON, ANGUS GILLESPIE, HEATHER RITCHIE, and BRIAN TRACY for the superb job they did this year in covering Niagara's intercollegiate and intramural sports. At least one reporter was at each home game and many times they were able to cover the out-of-town games also. We sincerely appreciate the pictures and stories of all intramural champions.

A great job by a great group of reporters.

Peter Rylander,
Co-ordinator of Athletics

A-1 coverage

Dear Editor:

Please convey our thanks to all your staff for their excellent coverage of the Goldcoin Exposition in the March 24th edition. While we welcome the front page exposure and the photo page dedicated to our project, more importantly, we were impressed with the competence and completeness of your coverage.

Computer Aided Learning and Interactive Videodisc are not the easiest topics to cover, and the Goldcoin Consortium itself is a difficult creature to get a clear picture of. However, we felt (and so did our colleagues from the other six colleges in the Consortium) that you had provided an excellent overview, and a friendly welcome for all those who participated, and those who came from all over the province to see our products.

Sincerely,
Brian Green
Dave Robinson
Brent Wallace

Thanks to all

It is time I said thank you for fourteen wonderful years with the College.

I was blessed to work with so many nice people. This made my teaching master position with the College a delight.

It is time I said thank you to all my former students who I loved so dearly and made each day of my career a happy one.

Time waits for no one, the clock keeps ticking on and before I realized it, time had caught up with me.

I will sadly miss everyone and everything but most of all I will cherish the fond memories of my years with Niagara College, all the Faculty, staff and students who I have made friends with.

It is time I said once again, Thank You, Niagara College.

Sincerely,
Dom Diodati,
Hotel and Restaurant
Administration Program

RTV produce TV program

A seven-man team of second-year Radio and Television students has combined efforts to produced a seven-week Niagara Journal series. It is to be broadcast on cables 10 and 12, at 12 p.m. and 5:30 p.m. every Thursday. Five programs have already been broadcast.

Each half-hour show, which is partly prerecorded and partly live, includes a consumer report, movie review, and a "how to" section in which professionals give advice on various topics.

The shows give RTV students practice in producing a TV program, and practice in "conforming to pressures," Brian Pennenen, a second-year director, said.

"It's all planning and split-second co-ordination," Brian said. "If everyone has done their job, all those things should come together."

Focus on tanning

Creating summer-like tans

By BLAIR CARR
Staff Writer

This is the time of year when vacationers return from the south boasting their bronze tans and flaunting their summer whites.

Everywhere Canadians are doing something to outshine these affluent show-offs. They are turning to tanning salons.

Customers lie on sunbeds heated by lamps that emit ultraviolet-A rays. They can wear either their bathing suits or a smile. These salons usually have four beds in use year-round.

"It's safe because most people don't burn," Anne Bradely, owner of the Tanning Salon in St. Catharines, said.

Use goggles

Most salons provide protective goggles and lotion. A few only require the customer to close his eyes.

"Goggles should be used for it is bad for the cornea," Helmy Dayvestein, an employee at the Bermuda Tanning Studio, said. "Your eyelids are so thin and will burn."

"There aren't adequate government regulations regarding tanning salons," Dr. Michael Lovegrove, one college doctor said.

There are "legitimate" suntanning salons and others only "interested in money," Dr. Lovegrove said, referring to those that do not enforce eye protection.

A person can keep his tan for the winter months for $140 to $175. Of course, it is useful for preparation for a vacation down south.

"One (tanning) session is not enough," Ms. Dayvestein said. "It all depends on the individual."

The studio recommends 10 sessions within two weeks at $60 to develop a "good base."

Time limits

Time limits of 15 minutes to half an hour are imposed. Those starting, especially with fair skin, should start with 15 minutes.

There are other reasons besides a tan for using the sunbeds.

"More and more jobs are inside and, because of that, people will want to come in the summer time," Ms. Dayvestein said.

"It's therapeutic after a workout," Mark Wasilewski, owner of the Grantham Fitness Centre, said. It helps to "wind down the motor nerve ending," after a workout.

Ms. Dayvestein said doctors have sent them quite a few patients who have exzema and acne.

"A six-month pass cures them," she said.

"In general the medical profession doesn't use it," Dr. Lovegrove said. "A tan is considered a symbol along with your Corvette or swimming pool. There are no tangible benefits."

Dr. Lovegrove admitted that tanning salons would help these ailments, but he would not prescribe it.

Questions effect

"There's a serious question: Can suntanning do damage?" he said.

Dr. Lovegrove questioned whether studies will be done on people 20 years after using the salons. "Sometimes effects don't show up until years later."

The problem with these salons is that it is "near impossible to simulate the sun," Dr. Lovegrove said.

Tanning salons use ultraviolet-A light. These are rays in which one-third of one per cent of the radiation is in the ultraviolet-B range and ultraviolet-A predominates. UVB rays are removed for they are associated with cancer and burning. The UVA rays are harmless, but consistent use can lead to premature wrinkling or cataracts.

Dr. Lovegrove's concern is the removal of radiation in the UVB range might not replace sunlight for the combinations of sunlight rays might have to be of a certain proportion to be safe.

Dr. Lovegrove does not encourage the use of tanning salons but he does not discourage them either.

"It could be a problem," he said. "But, like anything when used to excess, it becomes dangerous."

Television star Heather Thomas displays her golden tan as she demonstrates its origin — a salon tanning machine. There is some controversy over the effects of tanning in the salons and even under nature's tanner, the sun.

Natives graduate

By BLAIR CARR
Staff Writer

Natives in Transition graduates were honored by a closing dinner on March 25 at Welland Vale. Speakers praised the course and were optimistic about the future of graduates and the native people.

Awards and graduation certificates were presented to students from the Valleywood Centre in St. Catharines and the Native Centre in Fort Erie.

Ten of the 25 graduates are returning to school in the future.

The program has given us "a new pride in ourselves," Dorothy Hope, the 61-year-old valedictorian from the Native Centre, said.

"It has shown us that we are not substandard and with a little applied effort, we can get ahead."

Vince Foster, the 21-year-old valedictorian from the Valleywood Centre, wanted the program carried to other cities to make others aware of their culture.

"One day as an Indian Nation we will stand taller with people, leading our lives for today and breaking away from that shyness that has held us back for years," Mr. Foster said.

Most Improved awards went to Clement Stoneypoint and Carla General. Donna Buck won for perfect attendance.

The government-funded program taught by Shirley Williams is for native students to learn about their future while reinforcing cultural identity. Students must be 17 or older or out of school for one year and a resident of the Niagara Region.

Mr. Foster said most students enjoyed the course, but it was too short at 20 weeks. "It's only a day out of your life when you think how much learning has to be done," he said.

Receive diplomas

St. Catharines graduates are: Rockey Burnham, Vince Foster, Howard Archibald, Clement Stoneypoint, Derek Key, Phil Harris, Marlene Clause, Alice Aubin, Marilyn Rouillard, James Crawford, Donna Buck, Valerie Martin, Pamela Hill, Cam Hill, Kay Waindubence, and Leiza Crawford.

Fort Erie graduates are: Dorothy Hope, Darren Jonathon, Kenneth Longboat Sr., Eva Morano, Kathylynn Martin, Lance Martin, Robert Martin, Margaret Quequish, Fred Sault, Shirley Sollen, R. David Sowden, Carla General, Marguerite General and Juanita Patterson.

Gaeline Augustine was the Master of Ceremonies. Dr. Tony Knowles, dean of technology, and Shirley Kovac of Canada Employment Centre spoke.

The graduates are descendants of Iroquois, Ojibwa, Mic Mac, Cree and Metis

The proceedings opened with the burning of the sweetgrass performed by the co-ordinator Shirley Williams. The sweetgrass is lit and moved around the room in a circle emmitting a pleasant odor. Its purpose is to invoke wisdon and good health.

The dinner ended with the closing of the circle. Everyone present forms a circle and the participants move through it shaking hands, until they are back in their original positions.

Hort sale nets $300

The Horticulture Centre made Easter extra special this year for Niagara College by having its annual plant sale.

More than $300 was raised by the sale, Paul Halla, first-year student, said. The money is to be used for things such as field trips for second-year students.

Booths, filled with plants and cut flowers, were set up outside Welland campus library and in the Hennepin Hall on March 25.

Four first-year students and an instructor, Tom Ball, organized the sale. Flowers such as Easter Lillies, Tulips, and Persian Violets were a big sell.

Dwayne Jackson, first-year student, said the sale was a lot of fun and customers loved the flowers.

New WV senate

A new Welland Vale senate began its term of office by acclamation April 1.

The senate consists of: president, William Ritchie, Basic Training for Skill Development; vice president, Shirley Lalonde, Technology Upgrading Program; secretary, Emile Bell, BTSD; treasurer, Dan Kane, BTSD; and events chairperson, Sue Kyle, tool making.

Chiropractors not pain in back

By ANNE GABLE
Staff Writer

Chiropractors aim at healing the body and not just the symptoms through applied kinesiology and acupuncture — three specialties that are gaining popularity in the Canadian medical world today.

Dr. Richard Kitchen, a chiropractor in Waterdown, Ont., said a medical doctor takes care of the body from the outside in with pills and medicines while a chiropractor helps the body from the inside out to take away any interference in the health of the body.

Dr. Kitchen, a chiropractor for 11 years and a practitioner of applied kinesiology for five years, said in an interview that more and more people are visiting doctors of chiropractic.

Applied kinesiology comes from the Latin words kinesis, motion, and ology, the study of. Health comes from within. Applied kinesiology helps the body to express the health at every chance it gets.

In applied kinesiology, muscle resistance tests are used to check for imbalances. Chiropractors test muscles for resistance. They test the different muscles, nerve centre reflexes, organs and joints. If the muscle remains strong, there is no problem; if the muscle is weak the area being touched is the source of the problem.

Dr. Kitchen, one of some 400 people of the International College of Applied Kinesiology, said the theory of applied kinesiology was devloped by Dr. George J. Goodheart in 1940.

Dr. Goodheart developed applied kinesiology when he learned a back problem could be caused if one muscle was turned off and the other muscle was over-working trying to make up for it. The harder the muscle pulled, the more mechanical problems occurred.

The theory is the nerve supply and muscle function, if irritated, will not allow the muscle to work properly. Manipulation of the spine alleviates the irritation and should correct the problem.

"Chi" flows

Acupuncture is an ancient form of natural medicine which is an integral part of applied kinesiology.

The Chinese believed an energy called "chi" flows through bodies along lines called acupuncture meridian circuitry. There are 12 on each side of the body, each named after a different organ or organ system. There are two extra meridian lines called a conception vessel and a govern vessel.

Traditionally, pins the size of hairs are inserted at points along the meridian line, a few millimetres below the skin surface. These pins are rotated to stimulate the points to bring the energy lines back into balance. This is kept up for 20 minutes to half an hour.

Acupuncture is now being accomplished with the help of cold laser beams, Dr. Kitchen said. The laser beams are in for 15 to 20 seconds, and are totally painless and sterile. They stimulate the healing enzymes in the cells and also stimulate the body's natural painkillers. The best results occur after 20 treatments with the laser.

Laser acupuncture can help heal skin problems, local infections, cold sores, shingles and cuts or abrasions. The speeded healing leaves little scar tissue.

Dr. Kitchen said applied kinesiology is a means of prevention. A medical doctor can treat the disease once the symptoms show, but a doctor of chiropratic prevents the disease from showing.

Friend of Fr. Arsenault doubts murder by thief

By SANDRA KISH
Staff Writer

Eric Robinson, former director of labor and labor management studies at Niagara College, says he knew the Canadian priest killed in Honduras two weeks ago and believes the army was behind his death.

"I believe that the army became concerned about his leadership activities for youths and wanted to make it look like they were theives or rebels and to let it be known that they not only just robbed but tortured," he said.

Mr. Robinson, who worked in Honduras with his wife Anne as a consultant for a co-op resettlement project in 1984 and 1985, said he met Reverend William Arsenault several times, and once he and his wife had to stay for a week at the compound where the priest lived.

"They couldn't find a more innocent guy," he said. "He just looked after kids."

tortured

Father Arsenault, 54, of Bonaventure, Que., was tortured and killed in his home in Zamoranito, 30 kilometres east of the capital, Tegucigalpa, by two men whom Honduran officials say are Nicaraguans. Authorities there are investigating the incident which they maintain was a robbery.

Father Arsenault had been in Honduras since 1965. He had worked for the Friends of the Children Society, helping to set up schools and agricultural and trade-training programs for children for more than two decades. His body was flown back to Bonaventure, Que., for burial.

Mr. Robinson did not know why the army might have been involved in the priest's death but said the Honduran military is very suspicious of people and is always on the look-out for Communists. He felt some of Father William's actions might have made them nervous.

"He was nuts about modernization. He was always talking about computerizing his files. That probably worried them."

An electrical engineer friend of the priest's from Ottawa was visiting Father William in June of 1985, Mr. Robinson said, and they were talking about this.

Also, Father Willie had installed a battery-operated intercom system in the complex because communications was a problem for the staff there as the complex was spread out. There was no electricity, no phones. Mr. Robinson said he remembered one of the nuns there laughing about overhearing some of the near-by army battalions' short-wave radio conversations on the intercom.

Mr. Robinson said Father Willie was known affectionately as Padre Quiermo (William in Spanish) to the people there. He was in charge of the youth training complex as Zamaranito which trained young children and near-adults to be tradesman in construction, brick-laying, and other related fields, and was involved in leadership programs.

Educator

"He probably was the most important youth trainer and educator in Honduras next to the great Honduran leader, Sister Maria Rosa, the Sister Teresa of Honduras.

"They see all leadership that is not directly within a strict system or army system as potentially or definitely subversive...in Latin America subversive means Communists, socialist, left-wingers. They lump them all together."

"By they I mean those who are paranoid."

"Many thousands of Hondurans sincerely believe their country is threatened by Communism...A simple thing like an intercom system can be construed as subversive."

"Segments of the army fear that Mr. Reagan is right, that Nicaragua is subverting Central America and has its eye on Honduras." He said there are about 7,000 Contras training in Honduras.

"They'll never say that, but it's a fact. The most courageous newspapers show pictures of them in training. They haven't taken to killing newspaper people because a newspaper man killed becomes instant news and they are worried about their image."

"But they're not worried about killing priests, it seems. This is not the first priest, but it is the first Canadian priest, as far as I know."

"All this is contrary to the dreams and the hopes for a terror-free democratic Honduras of the majority of Hondurans. You hate to blast Hondurans because there are so many courageous Hondurans like Sister Maria."

Mr. Robinson said most Hondurans are as shocked by such behavior as most Canadians would be. He has the highest regard for the Honduran people he worked with in his co-op program, and stressed that this sort of behavior is found only among a few.

"Hondurans will be shocked but they will recover. Most Hondurans live daily with the knowledge of violence not far away."

"Father William stayed out of the field of human rights and was not involved in politics," Mr. Robinson said. "No one could have been less likely to do harm to the Hondurans."

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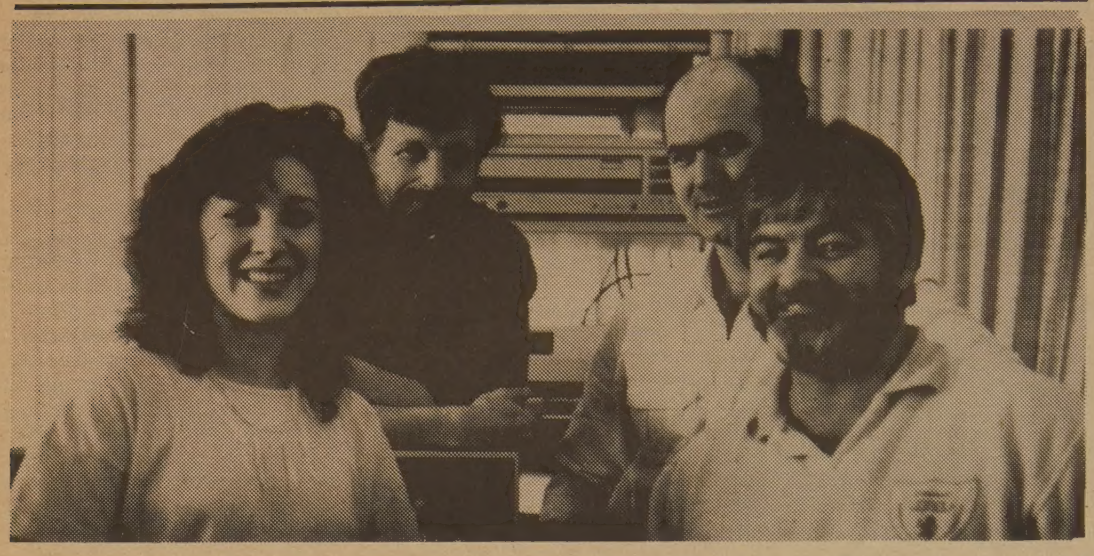
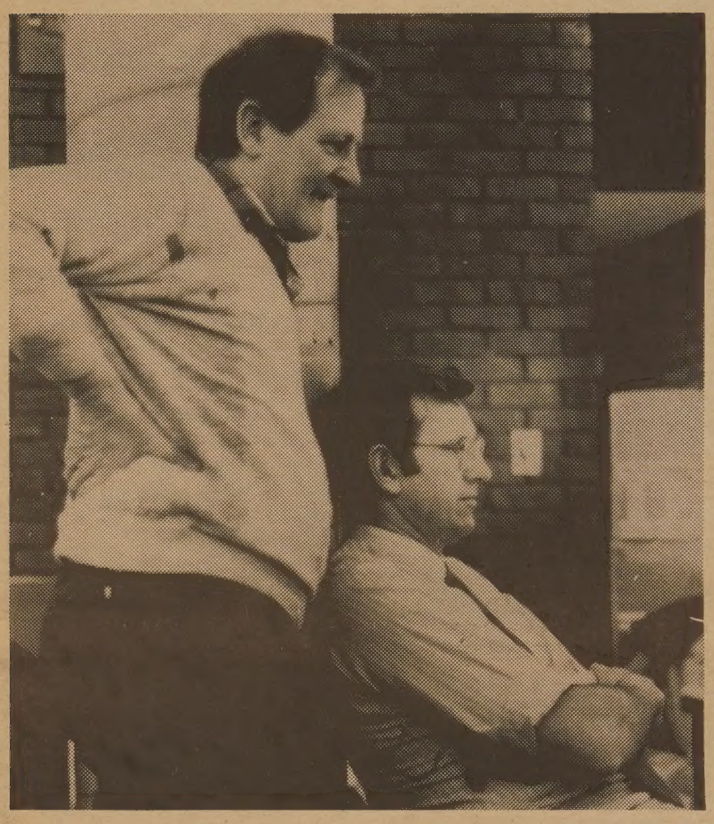
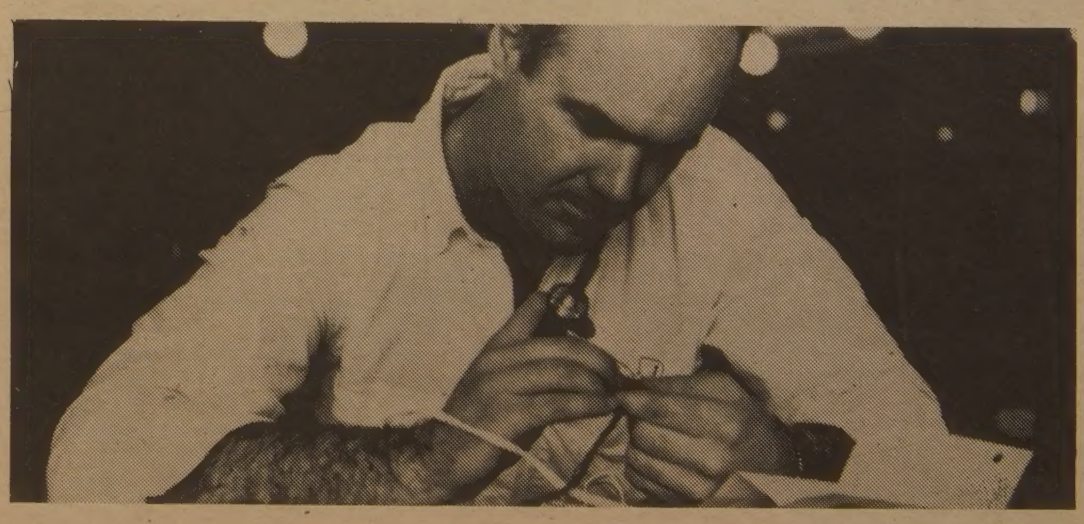




Goldcoin Symposium

The Goldcoin Exposition attracted vistors to Niagara College from across the province. Several college presidents, representatives from both provincial and federal governments, and many teachers, administators and computer software developers came to see Goldcoin's achievements. The six colleges of the Goldcoin Consortium were impressed with Niagara's ability to run the show,and pleased with the enthusiastic response to their displays.

Photo by Elizabeth LeReverend



Entertainment

Take advantage of the sun

These girls enoy their lunch in the sun outside the MacKenzie Building during the bright warm days of last week. All too soon the weather has turned its back on us and given winter a second chance at driving us all indoors. Don't despair, the warmth of this scene will return and the beach season will be upon us.

Photo by Jack Britt

Theatre Centre's last show for year previewed at Woodlawn Campus

Students from the Niagara College Theatre Centre will visit the Woodlawn Road campus Wednesday to give a sneak preview of their upcoming production, The Caucasian Chalk Circle.

A cast of 14 under guest director Gary Schallenberg will produce the prologue of the season's final production. At press time, the exact site was not certain, but an announcement will be made as to its location in the main lobby outside the resource centre at 12:15 on Wednesday. The play will run at the Theatre Centre from April 22 to 30.

The Caucasian Chalk Circle was the last major play of writer Bertholt Brecht. Although written in 1945, the story, a tragicomedy, is still relevant todav.

The play raises the question of who should own anything, and whether possession whould be 9/10 of the law. A play within a play, this parable is "very exciting and deals with real human emotions," Christina Gent, administrative assistant, said.

MANY REPERCUSSIONS

An act of goodness on the part of a servant girl to rescue an abandoned baby brings many repercussions and shows that "the ordinary people, the little people, seldom end up on top," Mr. Schallenberg said.

Five weeks of preliminary work have taken place due to the volume of the play, "It's a monster," Mr. Schallenberg said.

The theatre students have shown "great enthusiasm, fun and a no-nonsense approach to working."

The production will run from April 22 to 30 at the Theatre Centre, 54 Empire St. Tickets can be obtained by calling the box office at 735-0550. Admission is $4 for adults, $3 for students and senior citizens.

Opening for student works at Fine Arts Option '86

About three dozen people were welcomed with tea and doughnuts to the opening of Fine Arts Option '86 at the Hennepin Art Gallery on April 4.

The annual event showed works from this year's students.

The opening exhibit featured about 50 works in a variety of mediums, and on a variety of subjects. There were intricate still-life paintings of plants, paintings and drawings of nudes, logos, packaging, illustrations, silk screen posters, and much more, in vibrant primary colors to subtle neutral colors.

Most of the works were selected at random from whatever students happened to have ready at the time, Ken Cosgrove, coordinator of the Fine Arts program, said.

Kim Cousineau had a line drawing of a nude and a poster of a cartoon character displayed in the exhibition. Louise Strasbourg's work included a number of horse logos, silk screens and a Christmas card. Sandy Ewasiuk displayed two large silk screens of a cobra. Rob MacGregor entered an illustration of an airplane, and Natalie Wasyliw's work included ducks, cats' eyes, and a calendar.

Most of the works in this exhibition will be entered and exhibited in the local level of a three-level juried visual arts competition on April 21.

The exhibition is open from April 4, to April 26. Gallery hours will be from 9 am to 8 pm, Monday to Friday, and 1 pm to 5 pm, Saturday and Sunday.

Frenchship in Quebec

Nineteen members of the Frenchship Club had breakfast in the legislature room and a trip 250 miles into the Laurentians on a trip to experience Quebec and its culture.

Club adviser Marcella Pittana said members worked hard to raise $1,500 towards the trip. They received $1,000 from the Ministry of Colleges and Universities and $700 from Niagara College Student Administrative Council.

"This is the first year a student body helped the student body," Mrs. Pittana said. The club raised $250, to give five bursaries of $50 each.

Liven hospital with art jobs for the talented

Students of interior design, graphic design, fine arts, and theatre arts will compete for two 16-week summer contracts to paint wall murals for the children's wards at St. Catharines General Hospital.

To qualify for the two positions, which will be open from May 1, students will be asked to submit rough sketches of wall mural designs which will go with the atmosphere of the wards, and appeal to children.

Dennis Malone, chairman of communications, social sciences and general studies division, said that apart from gaining work experience, and full-time work for 16 weeks, the students who receive the contracts will get recognition for their work.

Each mural will have a plaque with the student's name on it, and many people will see their work as the wards are in a heavily travelled area.

The wall mural contracts are part of a five-year plan by the hospital to redecorate the entire hospital to make the atmosphere seem warmer and less like an institution. Mr. Malone hopes the General will have a continuing arrangement with Niagara College to do similar work.

To direct hospital traffic away from the area being renovated, art students will be asked to design stand-up cut-outs of construction workers, which will give a message as well as be attractive.

In the next four weeks, Mr. Malone hopes to get details of floor plans, color suggestions, and the kinds of paint to be used, from John Lambert, director of plant and buildings at the hospital. This will give the students something to work on.

ID Students go to Buffalo

Seventeen second year Interior Design students went to Buffalo last month to visit the Kittener furniture Company, and the Albright-Knox Art Gallery.

At Kittengers the students saw a rare piece of 18th century furniture being reproduced from the start to finish.

At the gallery they saw the works of such contempoary artists as Jackson Pollock, Henry Moore, Pablo Picasso and Henri Matisse.

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Entertainment

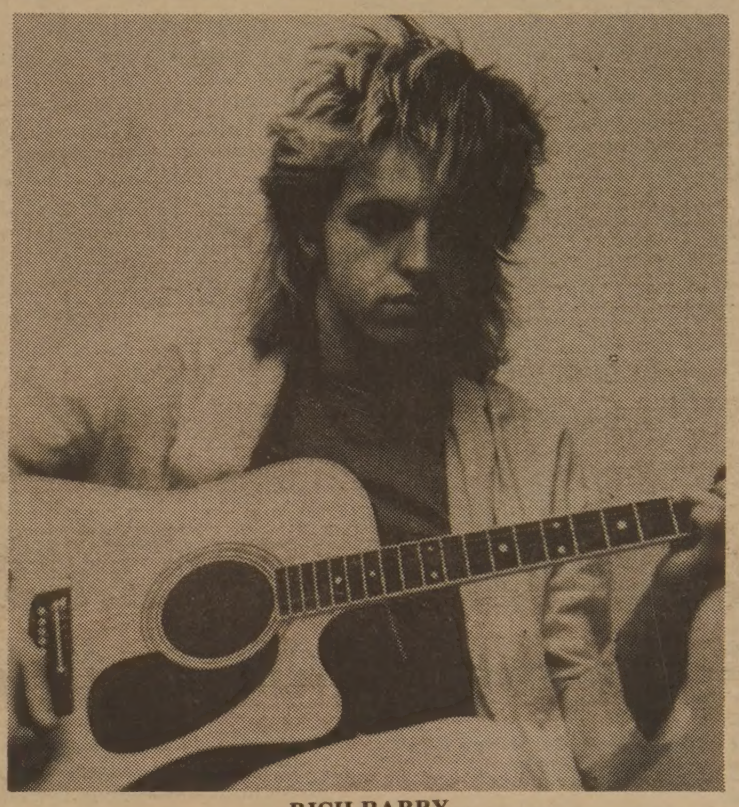
The Caucasian Chalk Circle

at Theatre Centre

April 22 to 30

Guitar club founder will teach kids not to judge others by appearance

By BOBBIE STOREY
Staff Writer



RICH BARRY

Rich Barry, 21, an Early Childhood Education student, wants people to know they can live a better life if they will only try.

Rich founded the Guitar Club and hopes to get his message out through music.

He is a self-taught guitar player who has been playing for two years. He sang in a band when he was 13, but does not sing in one now. He plays the piano and drums but not as well as he would like to.

Rich is the president of the Guitar Club which has 25 members. They have a room in the Black Walnut building, which they use Tuesdays and Fridays, to create new ideas and teach each other new songs. Between meetings they can be heard playing their songs in the halls.

Rich writes original songs about things he has experienced. The problems people his age face and the problems children face.

He does not write political songs about problems in other countries because he feels he cannot complain about things that he has not seen first hand.

"I sing for the things money can't buy," he said.

Rich deliberately dresses differently to challenge the idea that people are judged by the way they look. He has spiked blond hair and earrings, not the appearance normally expected of someone who is teaching children. Rich insists it does not really matter what you look like as long as you are capable. He wants to get this message out to the leaders of tomorrow.

Early Childhood Education is a female-dominated career. Rich feels that since many children are missing a father figure in their lives, he would make a good teacher. He wants children to know about things from a male point of view as well as female.

Rich feels there are two ways to get his message across, by teaching children and through music.

Tricky twisters test tongue talents

By CARRI EMERICK
Staff Writer

Verbal dexterity — some people have it and can spout "toy boat, toy boat, toy boat" as though simply saying "good morning."

Others use their tongues with as much grace as an elephant falling out of a tree and a simple "good morning" becomes unintelligible.

For the first group, tongues laced with gold, tongue twisters are fun. They are a great pastime and a way to show off their talents.

For the latter group, tongue twisters help. The more pronunciation is practised, the more it is perfected.

"Tongue twisters sharpen your articulation. They discipline lip and tongue movements. They make you concentrate," said James F. Bender in his book How to Talk Well. "The theory is, if you can control tough sound combinations in a tongue twister, you can do even better when the sounds are normally distributed."

"The prescription for lazy lips and sluggish tongue is to recite tongue twisters three times "on the double quick," he said.

Here are some examples, some silly, some serious, but all a challenge — and remember three times fast:

A big black bug bit a big black bear, made a big black bear bleed blood.

Big blue beans in a brown blown bladder.

I'm not a pheasant plucker, I'm a pheasant plucker's son, but I'll be plucking pheasants 'till the pheasant plucking's done.

I never felt felt feel flat like that felt felt.

What whim led Whitey White to whittle, whistle, whisper and whimper near the wharf where a whale might wheel and whirl?

Double bubble gum bubbles double.

Thomas Tattertoot took taut twine to tie 10 twigs to two tall trees.

Susie sews silk socks, seated serenely on the satin sofa.

Slippery sleds slide smoothly down the sluiceway.

A snifter of snuff is enough snuff for a sniff for the snuff sniffer.

The sixth sheik's sixth sheep's sick.

The seething sea ceaseth, and thus the seething sea recedeth.

Shy Sally saw six Swiss wrist watches.

Does this shop stock socks with spots?

Sixty-two sick chicks sat on six slim slick slender saplings.

The old scold sold the school a coal scuttle.

Are you copperbottoming 'em my man? No'm, I'm aluminiuming 'em Ma'am.

She stood on the steps inexplicably mimicking his hiccupping and amicably welcoming him in.

A skunk stood on a stump. The stump thunk the skunk stunk, but the skunk thunk the stump stunk.

Theophilus Thistle, the thistle sifter, sifted a sieve of unsifted thistles. If Theophilus Thistle, the thistle sifter, sifted a sieve of unsifted thistles, where is the sieve of unsifted thistles Theophilus Thistle, the thistle sifter, sifted?

Three grey geese in the green grass grazing; grey were the geese, and green was the grazing.

A box of biscuits, a box of mixed biscuits and a biscuit mixer.

If it seems impossible to tame and manage this beast of the mouth — have patience. Good, clear speech, like most things, isn't a gift for a chosen few but an acquired skill.

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Maria Chiovitti, president of the Dental Assistant Club, presents a plaque — a stand-in for a demonstration mirror — to Billie Atkinson, co-ordinator of the Dental Assistant program. Photo by Jack Britt

Dental Assistant club presents demo mirror

The Dental Assistant club will present a demonstration mirror need in the instruction of students to Billie Atkinson, co-ordinator of the dental assistant program. The mirror was bought with money raised from a club raffle.

As the mirror will not arrive for about two weeks, a plaque to represent it was prosented to Mrs. Atkinson last week. The $230 raised will also be used for a trip to the faculty of dentists in Toronto.

Winners are: Donna Robinson, first prize; Judy Morreala, second prize; and Denise Melrose, third prize.

First prize was a $25 gift certificate to the Love Boat restaurant, second prize was a chocolate Easter bunny and third was a mystery prize.

Dental Assoc. Health Week

"Dental Health — Good for Life" is the theme for this year's Dental Health Month which is April. The Niagara Dental Health Week Committee has decided to focus on the week, April 13 to 19.

Dental Health displays will be held April 19 at the Pen Centre in St. Catharines, the Lincoln Mall in Welland, Niagara Square in Niagara Falls, and the Seaway Mall in Welland.

The displays will be manned by dentists, hygienists and dental assistants from 9 a.m. to 4:30 p.m. Old toothbrushes can be exchanged for new ones and Murphy the Molar will be present at various times during the day. Winning posters of a local Grade 6 poster contest will also be displayed.

The Canadian Dental Association chose this theme because dental health is an important part of overall health and it is possible to keep teeth and gums healthy for a lifetime.

Dental Health is good for life.

Management skills key to success for students in construction

By KELLY McCALLUM
Staff Writer

Computers and in-class education are only part of the training necessary to succeed in the construction industry.

This was the message David Judge, president and executive director of the Construction Management Institute (CMI), gave to Niagara College construction engineering technology staff and students April 2.

At the seminar Mr. Judge said the objective of "the institute is to unite the construction industry and construction education" in an attempt to make management skills more effective.

After joining CMI in July of 1982, Mr. Judge conducted a three-part study to analyse problems facing construction companies and students. He and his two colleagues, Steven White and Nashim Mawji, are writing a report on the study.

The study showed that company managers had predominantly been trained on the job and lacked management effectiveness. The industry was not satisfied with the skills graduating construction students had obtained and it was decided co-operation and communication between the two areas must be improved since they are key assets in running a successful business.

FIRST TO STUDENTS

Mr. Judge has been travelling across Canada trying to persuade the industry to give colleges and universities an outline of skills needed to be more effociently taught. The seminar was the first time he had spoken to students rather than companies.

Mr. Judge encouraged the students to become familiar with the computer technology that is available through the CMI since most companies are now using computer programs.

Computers are only part of the training process and so is in-class education. Mr. Judge told the audience that getting a job is the beginning of their education and they are "going to learn in interesting ways"when they enter the work force.

Niagara College has one of 60 Ontario college and university programs offered by the institute and construction education. Evaluations have not been concluded by the CMI since there has been no conclusive response made by the construction industry regarding the effectiveness of different programs. The CMI's report should be released early this summer and program directors should be able to improve their courses by the fall of 1987.

The biggest problem recognized by CMI is the fact the business owners "are playing their cards too close to their vests," Mr. Judge said. This creates problems when the owner retires since no one in the company knows operations well enough to run the business.

Construction engineering students will start climbing the ladder to success at the bottom but, through co-operation and communication between industry and education, will have the skills to become the tycoons of the construction industry.

Mayan exhibit a trip back in time

By MAUREEN MARTIN
Staff Writer

Walking through rooms and corridors brimming with artifacts, one has the sensation of travelling through time. Every step takes explorers further and further into an ancient world.

The ancient world was called Maya: Treasures of an Ancient Civilization. The explorers were Niagara College students on a trip to the Royal Ontario Museum.

About 25 students, accompanied by Eugene Maltais, instructor of the elective, Mysteries of the Maya, went to ROM exhibit in Toronto on April 4.

Visitors to the special exhibit area were greeted with a large map of the ancient Mayan empire. Photographs of the mountains, jungles and descendants of the Maya lined the winding corridor leading into the heart of the exhibit.

The exhibit itself included pottery, carvings, jewelry, and scale models of ancient temples. Entrances between rooms were framed by corbelled arches, an architectural style common to the Maya. Tropical plants added to the atmosphere.

The crowds visiting the exhibit included school children and curious individuals. Calls of "Come look at this!" and "What is it?" were common as people moved between displays housing artifacts from such sites as Chichen Itza and Palenque.

One theme seemed to prevail in the tremendous variety of artifacts on display. Many of the works dealt with some form of communication with the gods. Whether by reproducing the images of gods or through smoke and incense, the Maya seemed to have spent much time trying to get messages to the gods.

Mr. Maltais is quick to point out that the Maya, while an ancient race, are not a vanished one. In southern Mexico and Central America, there are more than two million Maya speaking Indians.

Assertiveness seminar at college teaches personality modification

By KATHELEEN HARVEY
Staff Writer

Being afraid of speaking out, or speaking out too aggressively are character flaws that can be changed, Heather Kilty told an assertiveness seminar at the college.

Ninety people attended the seminar March 25 and in two hours began questioning their personalty strength and weaknesses.

Ms. Kilty is the manager of staff development at Greater Niagara General Hospital and a graduate of Niagara College social services program. Her dynamc personality and expertise are welcomed annually in overflowing classrooms.

Through expressing ideas and feelings assertively, needs will be fulfilled, she said. The key to a contented life is honest communication and this is a learned skill.

"It's like learning to play tennis, you need to learn new ways of presenting yourself to win."

Passive people feel they're being stepped on, Ms. Kilty said. They think and feel, but cannot express themselves. They stop themselves from speaking out and many become bitter after holding back for years.

Pent-up anxiety will show in atitude and in health Ms. Kilty said.

Physical reactions to held-in aggression are stress, high blood pressure, ulcers, headaches and depression.

Passive

There are reasons people are afraid to speak out. Many are afraid of hurting others, or feel intimidated. She said there are techniques to overcome passiveness.

Ms. Kilty said a good question to ask in an uncomfortable situation is what is the worst thing to happen by speaking out? If nothing is done, will it get worst?

"There should be a mirror to see how you come across the channel to others." Watch the behavior of passive and aggressive people to understand personal faults.

To be aggressive is damaging to the fulfilment of life. There are two types of aggressive people. One covers insecurities by hurting others because they do not feel good about themselves. Others believe they are superior, and do not value others as highly as themselves.

These people are over-assertive. "They chip away at others' self-esteem and are hurtful."

"There is aggression in all of us," Ms. Kilty said. Many people do not assert themselves in a positive way. People learn aggression from the way they are brought up, and it can be unlearned.

To be assertive, not aggressive, ask for help and make requests to allow others to respond honestly, Ms. Kilty said. Asking a trusted friend to help reflect your actions and can benefit and change an overbearing personality.

"Assertive people take responsibility for actions and can look in the mirror at the end of life — and say I've been fair,"she said.

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For additional information about OSAP, see your Financial Aid Administrator.

Apply early!

SPORTS

What goes up ...

SAC president John Turner and student liaison officer Hugo Bessems await the outcome of a shot by a member from the Niagara District Sports Association in the wheelchair-basketball game played Thursday, March 20. The game corresponded with the college's handicap awareness day but not many students were present at the action-filled game held in the school gym. The final score ended in a tie, 50-50, but in a game of this nature, no one really cared about the outcome.

Photo by Jack Britt

17th annual banquet

Honor Brown, Nelson, Peat as top athletes of the year

Carol Brown, Mark Nelson and Tom Peat are Niagara's top athletes — athletes of the year.

Carol, from London, female athlete of the year, won the West Region Badminton Tournament and came second for a silver medal in the Ontario Colleges Athletic Association finals. She played in Niagara's mixed tennis doubles competitions, taking the 1984-85 silver medal for second place in the OCAA finals with Mark D'Anna. She was named athlete of distinction.

Mark, from Niagara Falls, and Tom, from St. Catharines, male athletes of the year, won the Canadian College Badminton Finals and a gold medal — only the second team in OCAA history to win two consecutive gold medals. The two are co-winners of the Niagara male athlete of the year award for an unprecedented consecutive third year.

The top athletes were to be named at the 17th Annual Banquet for Varsity Team Members tonight in the college cafeteria. Peter Rylander, director of college athletics, was the host.

BEST FRESHMEN

Freshmen athletes of the year are Nancy Thomson, of Smith Falls, who played forward on the college women's basketball team, and Fred Jashanmal, of Fonthill, the six-foot eight-inch centre on the men's basketball team.

Nancy will be returning to Niaraga to finish her three-year radio-television program. Fred was voted 10th in the league in scoring and was voted to the second all-star team. He plans to return to the college next year.

Most valuable player awards went to Bob Thrower for hockey, Charlotte Prevost for women's basketball and Marty Fitzgerald for men's basketball.

Bob, a defenceman, led the Knights in scoring with 10 goals and 25 assists. He was a league first team all-star.

Charlotte, a forward and centre, has been nominated for an OCAA all-star. Charlotte will start a business program in the fall.

Marty, a point guard, averaged seven points per game, gave leadership to the team and made strong defensive plays.

Messages for the athletes were to have been delivered by Alex Elliott, chairman of the Board of Governors, and Leo Robbins, alderman, City of Welland. Mr. Rylander thanked the college administration, the Niagara News, the radio and television program, team coaches, college deans and board members for their support.

MORE AWARDS

Other awards at the banquet were:

Intramural awards from Molsons:

most dedicated competitor: Leslie Hildred and Ray Blanchette;

most outstanding competitor: Wendy Johnson and Roberto Bianchin;

Varsity awards:

golf: Bruce MacGregor;

tennis: Graeme Hennessy and Colin Reid;

curling: Chris Evans, Anders Hansen, Sue Harris and Heather Brown;

men's basketball: Perry Orosz and Andrew Mosley;

men's hockey: Bob Thrower, Cam Huffman and Curtis Kelly, and

athletes of distinction: Carol Brown for tennis and badminton; Bob Thrower, for hockey; Dennis Iamarino, for hockey, and Marty Fitzgerald, for basketball.

HEAD TABLE

Head table guests included college team coaches and managers; John Turner, Student Administrative Council president; Kathleen Harvey, SAC president-elect, and members of the college athletics department.

In addition to athletic letters which were to be presented to persons named in each of the categories, a total of 93 pins were presented to participants in Niagara College athletics.

Presenting the awards were John Turner, SAC president; Bette Ferguson, director of student services, Mr. Elliott and Mr. Robbins.

A lifetime of happiness? No man alive could bear it. It would be hell on earth!

George Bernard Shaw

Niagara students lack entrepreneurial spirit

By CARRI EMERICK
Staff Writer

The government was at the college to tell students how to receive interest-free loans to start their own businesses — but there was only one taker.

"This is the lowest turn-out ever, the previous record was three," said Sue Forrester of the Ministry of Skills Development on March 27. In fact, there "has been very, very low representation from this area."

Besides a Niagara News reporter, only one student attended the session.

The provincial government, along with the Royal Bank of Canada and local Chambers of Commerce, offers two loan programs so "students can own and operate their own businesses," Ms. Forrester said.

Just over 80 per cent of the participants reported "financial success" last year.

INTEREST-FREE

The first program, Student Venture Capital (SVC), offers interest-free loans up to $2,000 from April 1 to the repayment deadline Oct. 1.

This program is open to students registered in a high school, college or university for the fall of 1986. Students must be 15 or over when the loan is issued and students under 18 must have a guarantor.

Other stipulations are that the business must operate in Ontario, generate revenue in the summer, and the students be eligible to work in Canada.

To apply for this program, students should contact Gordon McPherson, placement officer, their local Chamber of Commerce or the Royal Bank.

The second program, Youth Venture Capital (YVC),offers loans up to $5,000 to graduating students between 18 to 24 or to people between 25 and 29 who have graduated within one year of the date the loan is issued.

This program is year-round and the loans are interest-free for one year.

NEED EQUITY

To receive it a student must supply a 20 per cent equity requirement. Ms. Forrester said the 20 per cent could be in the form of "tools, equipment, rental space — anything which shows the students made an attempt to come up with some form of equity."

To apply for the YVC program and receive a kit, students should phone the toll-free Youth Hotline at 1-800-387-0777.

"We encourage something that doesn't cost a lot of money to start — something which is easy to get in and out of," Ms. Forrester said.

Some examples of unique and profitable student businesses she cited were the "Kissing Bandits," a kissing telegram business in the Toronto area which had people dressed as Zorro or Robin Hood deliver the message. The business was "very, very, clever and they did very well."

Another which is "doing a booming business" is "Cookie it up", started by a 20-year-old girl in her parents' kitchen. She sells her all-natural cookies to Eatons, Bitners and Holt-Renfrew.

Ms. Forrester said the provincial government started the programs in 1973 because banks often "won't look at a student who has no track record, experience or collateral."

Novelist to appear April 18

Penny Kemp has been called truly a renaissance person with a gift for performance and a magician with words, able to open a window on the imagination, and its wonders. Ms. Kemp will give a book reading at the college on Friday (April 18).

An accomplished poet, playwright and novelist, she is known as a sound poet, and performer of her work, often in collaboration with music, mime or dance.

The two-hour reading, funded through the Writers Union of Canada, will be held in S309 at 12:10 p.m. It is part of the National Reading Program of the Canada Council.

Magical powers

Ms. Kemp feels language has magical powers and these powers have the potential to illuminate and elevate the human spirit. She is determined to use whatever means she can to tell people about themselves. The result is often amazing, sometimes magical, and never dull.

Although her poems are simple plain speaking, they are artfully constructed; she does not waste words. They say what they mean.

Ms. Kemp has published at least a dozen books of her own poetry including, Angel Makers, Changing Place, Toad Tales and Trance Form. Her book, Binding Twine, is filled with emotion, a reflection of her own life experience. From her poetry, she has adapted five multi-media productions for the stage.

Love comes after marriage.

-Eskimo proverb

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MONICA CULLIP
Second-year student

The first-year Fashion Arts students displaying their colorful creations are (from left to right) Allison Ane, Barbara Breem, Andrea Morin, and Valerie McCollum.

ANNE VON BORTZELL
Second-year student

Fashion show brings burst of color

By MARTIN POKOL
and STEVE McQUEEN
Staff Writers

A shipful of beautiful people on board the SS Tropicana would warm even the coldest heart. On board the ship, first and second-year students modelled their own designs at the annual Fashion Arts Fashion Show March 25, swaying to the sultry beat in a dazzling burst of pastels and tropical patterns.

"All smiles now that it is over," instructor Maura Hamill said. But a relieved student noted, "We had straight faces at the beginning."

The ship theme was chosen by both classes because of its warm and cheery mood, Dee Poole, second-year student co-ordinator of the show, said.

Tension was thick in the change room where the men and women spent final nervous moments applying make-up, frizzing their hair and putting final touches to their creation.

"You are all going to be wonderful,"Ms. Hamill encouraged the students.

"The first step onto the runway is the worst," Anne Von Bortzell said. "But you think to yourself here it goes and do it."

Team effort

Tony Fisher of the Student Administrative Council was the commentator.

The show was produced by the second-year class as paft of their advertising and promotion course with help from Radio-Television and Theatre Arts students.

Hard work and a team effort made the show a success, the students, who worked on the show for three months, said.

Proceeds from the evening go towards sending second-year students to Toronto, to tour clothing factories, and other fashion-related businesses.

High fashions

The first-year students each modelled one outfit, a skirt they designed and made. The second-year students each modelled four outfits with one in each category of casual wear, day wear, evening wear, and suit wear Carolyn Davis, 20, a second-year student, said.

Bare midriffs, waist emphasis, shorter skirts, mid-calf length skirts, and body-conforming outfits are some of the latest fashion, Carolyn said.

Week's End Antiques, run by Elizabeth Dukelow, and Treasures and Trivia, run by Pat Poole, displayed their antiques at the show. The antique clothing, jewelry and hats date from the turn of the century up till the early 40s. Two other displays were handmade jewelry by Unique Expressions, St. Catharines, and millinery designs by students of Niagara's continuing education course

Sung's computers iron out wrinkles in future fashions

A suggestion to look into what computers are doing in the world of fashion design allowed a Niagara College instructor a glimpse into fashion's future.

Maura Hamill, a fashion arts instructor, recently visited Alfred Sung's design factory in Toronto.

Here computers are used to ease the time-consuming and tedious means of reproducing fashion patterns. Computer assistance in pattern production saves time, money, fabric and effort, Ms. Hamill said.

After a design sketch is approved by Mr. Sung, a pattern is then sewn and fitted on a model in an initial sample of both muslin and fashion fabric.

The initial pattern must then be graded up or down for other sizes.

The computer then grades the pattern and reproduces the size needed. This tedious work is still done manually in most design factories, but computers are used at Alfred Sung.

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